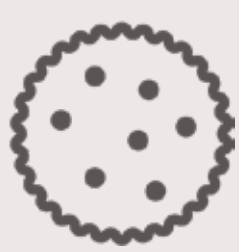


Lymphoma

What is lymphoma?



Lymphoma is a type of blood cancer that affects the development of white blood cells called **lymphocytes**, an important part of the **immune system**.¹

There are two main types of lymphoma:

Hodgkin lymphoma: white blood cells called **Reed-Sternberg** cells become cancerous and form lumps.²

Non-Hodgkin lymphoma (NHL): a cancer of the **lymphatic system**. There are more than **60** different types of NHL, which can behave in different ways and need different treatments.³

UK prevalence

Lymphoma is the **most common blood cancer**¹



Around **13,600** people are diagnosed with **NHL** every year (2017 – 2019)⁴

About **2,000** people develop **classic Hodgkin lymphoma** each year²

Risk factors

Although it is often unknown exactly why someone has developed lymphoma, the following factors are known to impact a **person’s risk**¹:



Age



Lowered immunity



Sex



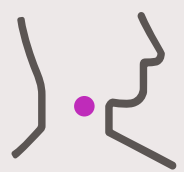
Infections



Family history

Signs and symptoms

Lymphoma symptoms vary depending on the type of lymphoma. Common symptoms can include⁵:



Swollen glands



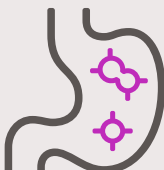
Chest pain, cough or breathlessness



Unusual bleeding or bruising



Fatigue



Feeling uncomfortably full or sick



Infections



Skin rashes



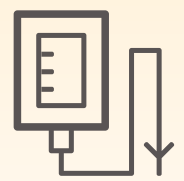
Bone pain



Itching

Treatment options

Lymphoma treatments vary depending on the **type of lymphoma** a person has, its **stage** and **symptoms**. Treatments include¹:



Chemotherapy



Targeted therapy



Radiotherapy

References:

1. Blood Cancer UK. Lymphoma. Available at: <https://bloodcancer.org.uk/understanding-blood-cancer/lymphoma/>. Last accessed: March 2025. 2. Blood Cancer UK. What is Hodgkin lymphoma? Available at: <https://bloodcancer.org.uk/understanding-blood-cancer/lymphoma/hodgkin-lymphoma/what-is-hodgkin-lymphoma/>. Last accessed: March 2025. 3. Cancer Research UK. Lymphoma. Available at: <https://www.cancerresearchuk.org/about-cancer/lymphoma>. Last accessed: March 2025. 4. Cancer Research UK. Non-Hodgkin lymphoma statistics. Available at: <https://www.cancerresearchuk.org/health-professional/cancer-statistics/statistics-by-cancer-type/non-hodgkin-lymphoma>. Last accessed: March 2025. 5. Blood Cancer UK. Lymphoma symptoms and signs. Available at: <https://bloodcancer.org.uk/understanding-blood-cancer/lymphoma/lymphoma-symptoms-signs/>. Last accessed: March 2025.